

Village of New Hyde Park

# Summer 2020 Newsletter



Dear Neighbors,

I sincerely hope that you have been able to make the most of the summer of 2020. These are times like no other. Everyone, in every facet of life, has been affected. But the outlook is improving and things are getting better. COVID infections are down, a vaccine appears to be on the way, and businesses and schools have begun reopening. Even though we're not there yet, we need everyone to remain vigilant and safe, while we continue to rely on one another. I want to thank our residents for doing their share to help crush COVID.

As if the pandemic and its economic aftermath was not enough, we were visited this summer by Tropical Storm Isaias. The storm brought high winds to our area that resulted in many large branches and trees coming down; many bringing wires down with them. Many homes in the village were without power for several days. With over 130 tree events, the storm rivaled Superstorm Sandy in its impact to New Hyde Park. Our Village DPW quickly went into action as I declared a state of emergency. We worked closely with PSEG LI to restore power and open roads as quickly as possible. Trees that were compromised by the storm have been identified for removal. My thanks goes out to our DPW crew and to Tom Gannon and Igor Sikiric for their leadership.

This summer also brought a historic change to New Hyde Park with the permanent elimination of the New Hyde Park Road at grade railroad crossing. The new underpass corrected a problem the LIRR created 183 years ago. Attention is now being shifted to the removal of the South 12th Street rail road crossing. When construction is completed, the tracks at South 12th Street will be permanently closed to vehicular traffic. A pedestrian underpass is being built to enable people to cross the tracks safely. Work on the new platform and the electrical substation continues. The station house will also be renovated. Throughout all of the construction, the Village remains in constant contact with the MTA/LIRR and their contractor to minimize the adverse effects our community is enduring.

The Village Board and I look forward to the completion of the Third Track Project, as well as the end to the pandemic. We look forward to the return of our street fair, parades, concerts in the park, and other community events that help to bring us together. We know all of these things that we cherish as a community will return. Meanwhile, we hope you remain healthy, safe and sane in these very trying times.

Sincerely,

Lawrence J. Montreuil,  
Mayor, Village of New Hyde Park

## Contact Information:

### Village Clerks Office

Telephone: 516/354-0022

Email: [nhpclerk@vnhp.org](mailto:nhpclerk@vnhp.org)

### Village Court

Telephone: 516/354-6330

Email: [court@vnhp.org](mailto:court@vnhp.org)

### Department of Public Works

Telephone: 516/354-0064

Please visit our website at:

[www.vnhp.org](http://www.vnhp.org)

## LIRR Mainline Construction Project

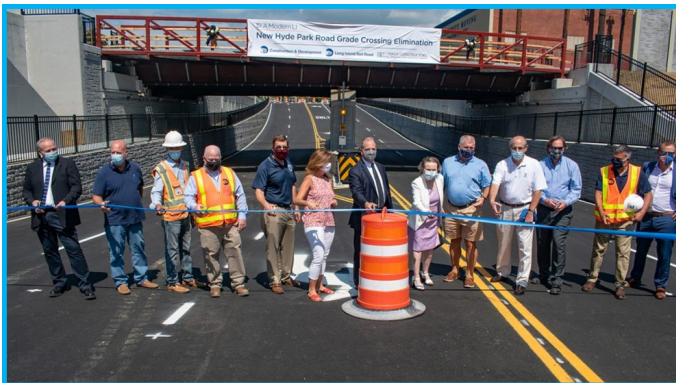
Good progress continues on the 3<sup>rd</sup> Track project! 3TC and construction teams have taken a number of measures to combat COVID-19, but despite this challenge, they have been able to maintain the overall construction schedule. As noted in the Spring Newsletter, the 3<sup>rd</sup> Track project has been deemed as 'essential service' construction per the Governors Executive Order and hence the construction never slowed down. That is good news for our Village. However, despite the good progress, we continue to endure the challenges and disruptions to our daily lives. The quicker the project is completed, the quicker we can get back to normal.

Once again, the Village Board wants to thank the residents, for their patience and their collaborative work with the Village and Board, and with mitigating issues. A special shout-out to those residents in the immediate construction area and along the main corridor between the Village's western and eastern boundaries. They have taken the brunt of the construction, inconveniences, vibrations and endured noise, and the Village Board thanks them profusely.

The Village Board will continue to do its best to keep everyone informed based on the information and issues found. Please continue to pay attention to telephone voicemail blasts, our Village Website at <http://www.vnhp.org>, and more importantly the LIRR Expansion website at <https://lirrexpansion.com>. For problems and concerns we also urge everyone to reach out to the 3<sup>rd</sup> Track Construction (3TC) Hotline at (516) 203-4955 or email [communityoutreach@lirrexpansion.com](mailto:communityoutreach@lirrexpansion.com), including Mayor Larry Montreuil as well as Trustee Rainer Burger on the "cc" of the email, so that we are aware of all concerns.

## New Hyde Park Road Construction

In July and August, two major milestones were achieved as part of the construction project. First, on July 10<sup>th</sup> and 11<sup>th</sup> 3TC and the MTA completed the 'Push' of the New Hyde Park Road Bridge into place. On August 24<sup>th</sup>, New Hyde Park Road was reopened to traffic. The road was re-opened ahead of the scheduled Labor Day weekend. Work will continue around the area including new platforms, station house and commuter lot. Similar to Covert Avenue, the Village will develop and work through any punchlist items left open by 3TC.



Trustee Burger, Deputy Mayor Squicciarino, Mayor Montreuil and Garden City Mayor Theresa Trouve joined the MTA project officials for the ribbon cutting ceremony at the newly opened New Hyde Park Road Grade Crossing. *(Courtesy of MTA)*



A great milestone was reached with the bridge 'push' at New Hyde Park Road underpass

## Landscaping

As noted in the Spring Newsletter, the Village has been working with 3TC on the Landscaping plan for the areas in and around Covert Avenue and New Hyde Park Road, as well as the areas along 2<sup>nd</sup> and 3<sup>rd</sup> Avenues between the Village boundaries. The Village thanks Hale Elifoglu, Bob McNutly, Diane McCarrick and Trustee Richard Pallisco for their support in reviewing the plans, conducting site walks and providing great recommendations and comments to the overall Landscaping Plan. The majority of the comments and inputs have been accepted by 3TC with the exception of a few areas where the Village requested tree plantings. If readers recall, the Village is monitoring and ensuring we get replacement of the total tree girth or DBH (Diameter at Breast Height) that was cut down for the construction. Some areas however could not be accommodated with the planting of trees, due to underground utilities. In return, an agreement has been reached that the Village will be able to plant trees outside of the impacted construction area. Our next step is to work with 3TC on an overall schedule for planting.



## New Station and South 12th Street

Work continues on the new station platforms and the overall station design. The demolition of the old platform was completed and construction of the new platforms and platform shelter areas are in progress. One can begin to see new brick façades already being installed. Between the months of June and July, we have endured a lot of night work in and around the station area with the installation of new platforms and transmission poles. Vacuum trucks used for the installation of utility poles were most disruptive. The Board has addressed, and will continue to address these complaints to 3TC and the MTA. In response to the Village Board's concerns, 3TC deployed more noise mitigation blankets and looked to minimize the use of the vacuum trucks.

With this phase being primarily completed, the Village and Village Board will continue to do its best to keep our residents informed of any changes. The station house will be renovated, both inside and out. Rendering of the station house can be found on the Village website. We are happy to report that the Village has negotiated with the MTA and 3TC to have the station house roof color changed from the current green color to a new blue gray color. It will conform to the new platform roof and match the Merillon Avenue Station, providing uniformity throughout the corridor.



New Hyde Park Road platform and platform shelter



Rendering of the New Hyde Park Rail Road Station



Rendering of the South 12th Street Pedestrian Walkway

With New Hyde Park Road re-opened and the primary construction complete, construction will be shifting to South 12<sup>th</sup> Street. South 12<sup>th</sup> Street is targeted to be permanently closed and dead-ended at the tracks on both the North and South side in mid to late September 2020. This is part to the overall construction plan on the elimination of the New Hyde Park Road at grade crossing, increasing the safety of the general public. Part of this

plan, does create a new walkway underpass to help pedestrians and commuters safely to the other side of the tracks. This underpass is similar to the Stewart Manor underpass but will also include an ADA ramp. Construction of the pedestrian ramps and station plaza area is already in progress on the east side of South 12<sup>th</sup> Street. Once South 12<sup>th</sup> Street is closed, the underpass and west side ramps will be built. The Village Board has acquired a traffic and detour plan and once again, will be working with 3TC and the MTA to mitigate any issues and impacts. This traffic and detour plan is under review and will be posted on the Village website once the review is complete. When the construction on the pedestrian underpass starts we expect more night work. The Village and the Village Board will do its best to keep residents aware of upcoming schedules.

## G-14 Electrical Substation

Site demolition work has been completed and construction work on the substation has started. The substation vault is formed and the foundation is being poured. In the coming months we will see the installation of the grounding grid and transformer pads. Utility work is being completed on 3<sup>rd</sup> Avenue, which is temporarily closed for a month, during daytime hours, between South 8<sup>th</sup> and South 9<sup>th</sup> Streets.



The start of the Electrical Substation construction

We have had a number of issues with the construction of the substation that were disturbing and very impactful to local residents surrounding the site. During the driving of shoring piles, the vibrations exceeded the vibration threshold limits. Work was stopped, however not immediately before there was damage done. Additionally, the substation fencing which was removed, directly exposed the construction site to the adjacent property, causing a safety hazard. Lastly, the start of construction and the construction activities that would occur were not communicated to the local surrounding residents or the Village. This was completely unacceptable, to the Village and residents. The process that the Village had set up with 3TC for the construction of Covert Avenue and New Hyde Park Road was completely undermined on the G-14 Substation project.

The Village and the Village Board want to thank the residents for their quick action in notifying the proper individuals when they encountered the issue. Mayor Montreuil, Trustee Burger, and Building Superintendent Tom Gannon, immediately went to the site and contacted 3TC as well the MTA. The situation was rectified as quickly as possible. In addition, the Mayor, Trustee Burger and one of the residents adjacent to the substation met with the MTA to discuss the issue and mitigate any future occurrences. One of the mitigations that has been put in place is that the substation project will be managed directly by the MTA and that communication will be going to and coming directly from the MTA.

As noted in the Spring Newsletter, the Village did receive several drawings of the new electrical substation. The Village Board had concerns, including the aesthetics of the substations fencing, heights of 2 masks and safety and hazards of the exposed substation equipment. Formal comments were provided by Vertex (Village's Engineering Firm) to the MTA. Comment responses from the MTA are expected in September 2020. The Village is pushing to have an aesthetically pleasing wall constructed versus the fencing proposed. This would replace the utility style fencing on the construction plans, while also providing screening of the substation. MTA engineers did address the safety and health concerns, and noted that the new substation meets all federal and safety regulations, to include IEEE standards and far exceeds any safety, health and code regulation of what is presently at the site. It was noted that the height of some of the equipment is actually being driven by some of the regulations and standards. The MTA noted they are looking to have the construction complete and the substation fully operational in the 3<sup>rd</sup> Quarter of 2021.

## Wall Construction / Covert Avenue and New Hyde Park Road Punchlist

As noted in the Spring Newsletter, the LIRR wall construction on the south side, from 6<sup>th</sup> Avenue heading east to Covert Avenue, continues. Additionally, wall construction east of New Hyde Park Road has begun. This is a retaining and sound attenuation wall along the right-of-way. Preparation for the retaining wall and sound attenuation wall will also continue along the right-of-way. The Village will at times experience anywhere from 10 to 12 construction trucks entering the area, per day. Per the Memorandum of Agreement, trucks should be staged off site and called in when needed. The Village is watching over this activity and asks residents to continue to contact the Village Hall if they see otherwise. As we are all aware, commercial trucking on our Village residential streets has been an issue.

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The issue stems not only from the construction, but also from local businesses, and transient commercial trucking. Hopefully this will be alleviated with the opening of New Hyde Park Road. The Village has also contacted the Nassau County Police Department, 3<sup>rd</sup> Precinct to step up enforcement. Additional signage will be placed where required. As previously mentioned, Trustee Rainer Burger and Richard Pallisco have created a punch list of outstanding items for Covert Avenue and will do the same for New Hyde Park Road. As of August, just over half of the punchlist items have been completed. The Village and 3TC have agreed to focus on closing out the rest in the fall.



South side wall construction, from 6th Avenue to west of Covert Avenue



New wall construction east of New Hyde Park Road

## Water Authority of Western Nassau County

### Wellhead Treatment Plant Station 57

The Wellhead treatment Plant Station 57 located on 2<sup>nd</sup> Avenue between 5<sup>th</sup> and 6<sup>th</sup> Streets will be completely rehabilitated to a state-of-the art water treatment facility for the removal of Volatile Organic Compounds (VOFs), pathogens, regulated contaminants, emerging contaminants and for 1,4 Dioxane. The Water Authority has awarded all the construction contracts for the site and held a kickoff meeting on July 22, 2020. The project is scheduled to start in September. The Water Authority is currently working on an overall construction schedule. Trustee Rainer Burger will be stepping down in



A rendering of the New Wellhead Treatment Plant Station 57

September 2020 as a Board Member of the WAWNC. He has been on the Board since December of 2017. He will be replaced by Mr. Matthew McCann to represent our Village. We thank Mr. McCann for stepping up and volunteering his time to support and represent the Village on the WAWNC Board.

## American Legion

### Ernie Pyle Post #1089



Due to the COVID19 Pandemic, American Legion Ernie Pyle Post #1089 has not held any meetings over the summer. The Post will look to resume meetings in October 2020. The meetings will be held on the 3<sup>rd</sup> Saturday of the month from 10:00 am to Noon at Marcus Christ Hall. All attendees will be required to follow COVID-19 protocols to include the wearing of masks and keeping a safe distance of 6 feet. The next major event for the American Legion is Veterans Day, which is November 11, 2020. The Village and the Post will begin planning efforts with COVID-19 guidelines in place.

The American Legion continues to look for members. If you have served federal active duty in the United States Armed Forces since December 7, 1941, and have been honorably discharged or are still serving, you are eligible for membership in The American Legion! Because eligibility dates remain open, all active duty members of the U.S. Armed Forces are eligible to join the American Legion at this time, until the date of the end of hostilities as determined by the government of the United States.

Please contact Commander John McGuire at (516)640-2468 to join the American Legion Ernie Pyle Post of New Hyde Park.

For more information on the American Legion, please visit <https://www.legion.org>.

## Boy Scout Troop 298 Rescue

### Hiker Rescued at Harriman State Park

While out on a summer hike, after months of COVID-19 restrictions, Scouts and Leaders from Boy Scout Troop 298 in New Hyde Park were able to put their skills and training to use.

On August 1, 2020, Troop 298 was about three and a half hours into their weekend backpacking trek in Harriman State Park, on the Appalachian Trail by the location know as the 'Lemon Squeeze'. While taking a short break, they encountered a hiker who slipped and fell off a seven foot rock ledge, landed on the trail and some rocks below, breaking his ankle.

The Troop immediately went into first aid rescue mode. They assessed the situation, called 911, stabilized and comforted the hiker, wrapped and splinted the broken ankle, took down necessary information for the Paramedics and Park Rangers, and cleared a path so that the injured hiker could be carried out via emergency transportation. Troop 298 assisted Park Rangers and Paramedics in lowering and carrying the hiker to safety in a rescue basket. The Park Rangers, Paramedics, as well as the injured hiker, were thankful and astounded at the skill set and preparedness of Troop 298 during the rescue. Trustee Burger noted that the Boy Scout Troop 298 lives by the Scout Motto—Be Prepared. They had all the necessary first aid, gear, rope, and most importantly, they had their skills.

The heroic Scouts and Leaders were recognized for their bravery on August 10, 2020, with Proclamations and Citations presented by Mayor Lawrence Montreuil, the New Hyde Park Village Board, and Nassau County Legislator and Presiding Officer Richard Nicoletto.



Scouts and their Leaders helping move the injured hiker while strapped to a backboard.



Scouts and their Leaders helping load the injured hiker onto the ATV transport



Scouts and Leaders part of the rescue included : Life Scouts Daniel Corcoran, Maksim Manoni, Daniel Sohl, Daniel Dore, Collin Lowey, Aaron Canese, Star Scout Michael Dore, 1<sup>st</sup> Class Scout Andrew Canese, Scoutmaster Cleto Manoni, Assistant Scoutmasters James Cocoran, Daniel Dore Sr., Rainer Burger and Training Chair Brian Canese.

Assistant Scoutmaster Rainer Burger, who is also a New Hyde Park Village Trustee, noted that he and all the Troop 298 Scout Leaders are so very proud of the Scouts. "It's an awesome feeling, when you work, mentor, and train the Scouts and then actually get into a real-life situation and watch them perform and execute! BULLIE!"

Left to right: Boy Scout Troop 298, along with Mayor Montreuil, Deputy Mayor Squicciarino, Trustee Burger, and Trustee Pallisco at the award presentation ceremony.



## Troop 298 Scouting Spirit Soars Despite COVID!

COVID-19 has definitely put a 'kink' in our lives and presented us with a number of challenges. That has not stopped local New Hyde Park Troop 298. Scouts live by the motto 'Be prepared'. While camping or attending a high adventure, Scouts are always presented with challenges, they are taught to analyze a situation, adapt, and possibly change course if necessary to meet the end objective. With the challenges of COVID-19, that is exactly what Troop 298 has done.

Between mid-March and May, when our country was in lock-down, Troop 298 pushed forward with Zoom meetings, merit badges, backyard home zoom camping nights, and supported the community with making PPE masks. As New York State entered into Phase 3, the Troop stepped out into the community to support our brave men and women in uniform. While adapting to the new COVID-19 protocols, on July 12<sup>th</sup>, the troop joined the Village of New Hyde Park and Nassau County in the Blue-Ribbon Campaign, showing support for our brave men and women in the Nassau County Police Department who serve and protect us 24 hours a day, 365 days a year. Over 60 blue ribbons were placed up and down Jericho Turnpike in the Village of New Hyde Park by Troop 298.

In addition, Life Scout Ian Garvin, for his Eagle Project, refurbished the Village Community lot on Jericho Turnpike. Ian and the Troop cleaned up the lot from debris, trimmed up vegetation, removed dead vegetation, and re-stripped the parking lot. They also planted a tree, in memory of Eagle Scout Zachery Zabatta, who was tragically killed in a car accident last October 2019.

The work was completed in 2 days, in the midst of a heat wave! Trustee Richard Pallisco, who was the Village primary point of contact, noted that he couldn't be happier with the outcome of the project. Ian Garvin and the Troop did a fantastic job! Trustee Rainer Burger, who is also an Assistant Scoutmaster stated that "The Troop is fantastic. Despite all the challenges that we all face, they are right there, out-front, riding the wave and eager to support and help the community."



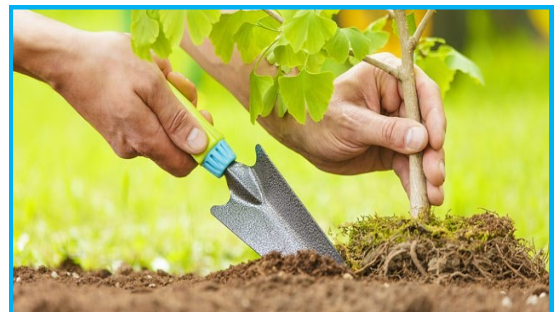
Troop 298 supporting our men and women in blue by tying blue ribbons around the Village of New Hyde Park

## Tree Planting Resumes in the Fall

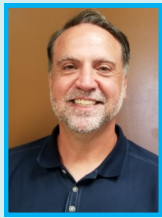
Curb-side tree plantings will resume in the Fall. The Village continues its efforts and commitment of replanting some of the trees lost over the years. New trees will also be planted to replace those removed by the LIRR for the 3rd Track Project.

If you want to be added to the list for a new tree, or if you want to suggest a barren site in need of a tree, please call the Department of Public Works. Any site considered will be inspected first to ensure sustainability. Information on the care and maintenance of the new tree will be provided at the time of planting. Trees clean our air, filter out dangerous UVA/UVB light, and provide vital shelter and food for local wildlife. New Hyde Park is a proud member of Tree City USA.

We hope you take advantage of the Spring Tree Planting initiative by calling the Department of Public Works at 516 354-0064.



## A New Addition to the Village Family



We are delighted to welcome Igor Sikiric as the newest member of the Village Family. Igor has joined us as the Deputy Superintendent of DPW. As part of his new role, Igor will oversee day to day operations for DPW, as well as guide us on long term planning for facilities, equipment and personnel needs. Igor's position will be relieving a significant burden from Tom Gannon who has for many years led both the Public Works and the Building departments in our Village. An example of Igor's capacity to do so, emerged when Tropical Storm Isaias hit our Village. Only a few days on the job, Igor quickly rose to the occasion and played a key role in getting our streets cleared of fallen branches and trees. Along with Tom Gannon and DPW Foreman, Sean Murphy, Igor coordinated efforts with outside contractors and PSEG LI crews to go from site to site, working as a team and remove debris as well as restore power. Igor secured a contractor that enabled us to quickly remove over 83 tons of debris while neighboring Villages sat on rotting timber for weeks.

Igor comes to us with years of Public Works experience. Most recently he was the Assistant Chief Operations Officer at the MTA – New York City Transit where he was responsible for all waste streams for NYCTA's materials, equipment and recyclables. Prior to his work with the MTA, Igor was the Executive Director/Commissioner of the Town of North Hempstead Solid Waste Management Authority. In that capacity, Igor was responsible for the supervision of all SWMA employees in daily operations, a 200,000 ton per year transfer station, a 160 acre landfill operation, and six administrative and operational sites. Igor developed and managed a \$25,000,000 annual budget that funded operations serving over 220,000 Town residents. He was also responsible for the enforcement of town codes pertaining to waste stream management.

We are very fortunate to have Igor join us and apply his background, expertise and service-oriented approach in the delivery of municipal services to our residents. Please join us in welcoming Igor to the Family when you see him around the Village.

## Lost Claddagh Ring

For the last seven years, one would oftentimes see Village resident Paul Sokol with his metal detector in Memorial Park. Sokol wasn't necessarily looking for buried treasure, but that is exactly what he found.

Mike McBride, owner of New Hyde Park Funeral Home, had lost his beloved Claddagh ring in 2013, during the set up of the Annual Katie's Run. The McBride family holds the event in memory of their young daughter who was lost to cancer. In doing so, they raise money for the treatment of childhood cancer as well as the Ronald McDonald House.

The ring was a gift from Mike's wife, Jeanne, when the couple was only 19 years old, and Mike wore it as his wedding ring until it was lost.

Paul continued to search periodically for the lost ring and his tenacity paid off when he found what was thought lost forever. Paul along with his wife Cathy were thrilled to present the ring to Mike, who was nearly speechless when he received it.

We will certainly miss having Katie's Run this year as well as Katies Konzert, but we are all hopeful that things will be 'back to normal' next year.

In the mean time, the McBride's Foundation continues to do good work and gave out their annual Scholarships to Seniors at New Hyde Park Memorial High School and Sewanhaka High School.



Paul Sokol presented Mike McBride with the Claddagh Ring found at Memorial Park



## Zoning Board of Appeals

**July 8, 2020**

16 South 6<sup>th</sup> Street – Approval was granted to the applicant seeking to subdivide the existing parcel in order to alter the existing building for the use of a banquet hall. Village code requires a total of 21 off street parking spaces that measure 25'x10'. The applicant is providing 6 spaces that measure 20'x10'. This application has already been approved as Special Use for the serving and consumption of food on the premises.

**August 12, 2020**

511 6<sup>th</sup> Avenue – Approval was granted for the variance to the applicant seeking to construct a full second story over the existing first story of the home, along with a two story rear addition. The existing attached garage will be demolished and a concrete driveway will be poured in its place. The existing first floor is 3'75" from the side yard to the east, where a 5' is required.

## Architectural Review Board

**July 9, 2020**

433 Jericho Turnpike – Changes were requested and the decision was tabled by the Board for the business owner who is seeking to open a coin operated laundromat, with a new storefront and interior design.

**August 5, 2020**

433 Jericho Turnpike – Approval was granted to the applicant seeking to open a coin operated laundromat. A new store front is proposed along with interior renovations.

1502 Washington Avenue - A tentative approval was granted to the homeowner who is requesting a second-floor complete dormer. Changes were suggested to the siding color proposed. Homeowner agreed verbally. Approval will be granted pending written confirmation.

## Activities at Memorial Park

In addition to more traditional games at Memorial Park, Pickleball and Bocce have been added to the menu of games available for play at Memorial Park.



Village residents participate in a pickleball class at Memorial Park



Village residents participate in a bocce ball class at Memorial Park

Pickleball is a game that combines the elements of tennis, badminton, and table tennis. Two or four players use a solid paddle to hit a ball, similar to a Wiffle Ball, over a net. It's played on a solid surface, such as a tennis court.

Bocce is played using eight large balls and one smaller target ball. There are four balls per team, each of a different color or pattern. Team members toss or roll a Bocce ball and attempt to get it as close to the target ball as possible, or knock the opponent's ball away from the target ball. Points are awarded at the conclusion of each game. The Bocce Court is located next to the tennis courts at the Lincoln Avenue entrance.

Starting this fall, there will be Pickleball and Bocce tournaments, for all who are interested. Check with the Park Attendants for tournament dates. Additionally, free instruction is offered periodically for anyone who is interested in learning to play.

If you prefer a more traditional game like tennis or lacrosse, equipment is available at the Park Attendants office.

For your protection and the protection of others, Basketball courts in the Village of New Hyde Park remain closed. Since basketball is considered a close contact sport there is a higher risk of spreading COVID19. Keep checking our website at [www.vnhp.org](http://www.vnhp.org) for updated information on our parks.

# Cold, Allergies, or COVID-19

Story written by Chan Tran, Northwell Health

Life in the time of COVID-19 has many of us overanalyzing every throat tickle, sneeze, and, sometimes, even our stool. Should I be concerned about that nose drip? Is my chest tightness anxiety? Or a symptom of something else?

With the unknowns of the pandemic plaguing us all, some people are worried that even mild symptoms are a sign of the virus. Having allergy season in full swing only adds more confusion to the mix, making it even harder to tell the difference between COVID-19 and seasonal allergies. And while colds may be miserable but otherwise harmless, you fret that they share common symptoms as the novel coronavirus.

Fortunately, amid the similarities of colds, allergies, and coronavirus, there are some key differences. Luckily, the main signs of allergies—itchy, watery eyes, along with sneezing, postnasal drip, nasal congestion, and running nose—are atypical indicators for COVID-19.

Another key clue: You have a history of previous spring-time allergies. However, “There are many patients who present with new-onset allergy symptoms each year, which may lead to some confusion and anxiety,” says Mitchell Boxer, MD, an allergy and immunologist with Northwell Health, and assistant professor at the Zucker School of Medicine at Hofstra/Northwell.

Discuss your symptoms with your primary care provider (PCP) or allergist to determine an appropriate treatment plan, Boxer advises. There are many effective over-the-counter or prescribed medications that can help reduce allergy symptoms.

“With the general public on edge, this is not a good time for anyone to be coughing and/or sneezing in a public environment,” Boxer says. While people with allergies are at no greater risk of getting COVID-19, if they do have it and are coughing and sneezing in public, this is potentially problematic. That’s because wearing a mask does not completely prevent aerosolized particles from escaping through the openings of the mask.

A run-of-the-mill cold can also present with postnasal drip, runny nose, sneezing, sore throat, nasal congestion, watery eyes, and low-grade fever. An important difference is the lack of itching of the eyes and nose, Boxer says. Normal colds last anywhere from two to four days. If you find your illness lasting longer and the symptoms more severe than a routine cold, it is possible you may have the coronavirus.

The most common symptoms of COVID-19 include fever, cough, shortness of breath, fatigue, loss of appetite, chills, body aches, headache, sore throat, and loss of taste or smell, Boxer says. Less commonly, people may experience a runny nose, nausea, vomiting or diarrhea, dizziness, confusion, seizures, stroke, tingling or numbness in the hands or feet, and rashes.

Symptoms can vary depending upon the age of the individual and will develop within two to 14 days after exposure to COVID-19. If you suspect you have COVID-19, the first step is to contact your physician for further advice, Boxer advises. Most people with COVID-19 can manage their illness and recover at home without medical care. “Your doctor should have a protocol in place to keep track of your symptoms through the course of the illness and will advise you accordingly about what symptoms need to be addressed urgently,” Boxer says.

Staying hydrated is crucial; Boxer recommends stocking up on either Gatorade or other supplemental fluids. “It is also important to get out of bed regularly despite not being motivated to do so,” he says. Your physician will advise you on breathing exercises that should be done regularly to attempt to lessen COVID-19 effects on the airways.

In New York, if you have a fever, cough, chills, and body aches, you are presumed to have COVID-19 and should be treated as such. Patients are advised to contact their doctor to discuss and will most likely be referred to a local testing center for further advice. Information about being tested at a Northwell Health center is available by calling (833) 487-2273.

Cold, Allergies, or COVID-19? Check your symptoms to find out			
Northwell Health Current as of May 1, 2020			
Symptoms	Cold	Allergies	COVID-19
Stuffy or runny nose	Common	Common	Occasional
Headache	Common	Common	Common
Sore throat	Common	Occasional	Occasional
Fever	Occasional	Uncommon	Common
Fatigue	Common	Occasional	Common
Dry Cough	Occasional	Occasional	Common
Wet Cough	Occasional	Occasional	Uncommon
Nasal congestion	Common	Common	Uncommon
Watery, itchy eyes	Occasional	Common	Uncommon
Diarrhea	Uncommon	Uncommon	Occasional
Body aches	Occasional	Uncommon	Common
Loss of taste/smell	Uncommon	Occasional	Common
Sneezing	Common	Common	Uncommon
Chest pressure/tightness	Uncommon	Occasional	Common
Shortness of breath	Uncommon	Occasional	Common



## Calendar of Events

Wed. 9/9	Zoning Board of Appeals 7:30 pm - Village Hall*
Thurs. 9/17	Village Board Meeting 8:00 pm - Village Hall*
Thurs. 10/1	Village Board Meeting 8:00 pm - Village Hall*
Wed. 10/7	Architectural Review Board 7:30 pm - Village Hall*
<b>Mon. 10/12</b>	<b>Columbus Day Holiday</b> <b>Village Offices Closed</b> <b>No Sanitation Pick Up</b>
Wed. 10/14	Zoning Board of Appeals 7:30 pm - Village Hall*
Thurs. 10/15	Village Board Meeting 7:30 pm - Village Hall*
<b>Tues. 11/3</b>	<b>Election Day</b> <b>No Sanitation Pick Up</b> <b>Village Hall Open</b>
Wed. 11/4	Architectural Review Board 7:30 pm - Village Hall*
Thurs. 11/5	Village Board Meeting 8:00 pm - Village Hall*
<b>Wed. 11/11</b>	<b>Veteran's Day</b> <b>Village Offices Closed</b> <b>No Sanitation Pick Up</b> <b>Veteran's Day Ceremony</b> <b>10:45 am</b> <b>Front Lawn Village Hall</b>
Wed. 11/18	Zoning Board of Appeals 7:30 pm - Village Hall*
Thurs. 11/19	Village Board Meeting 8:00 pm - Village Hall*



*\* Due to Covid - 19, certain meetings will be held via Zoom Video Conferencing. Please stay updated on all Village Meetings and Events by checking the Village Website at [www.vnhp.org](http://www.vnhp.org)*

## Sanitation Schedule Change

### Columbus Day

**Monday, October 12**

Garbage for north side POSTPONED  
rescheduled to October 13

**Tuesday, October 13**

Garbage collection for entire Village  
Newspapers for the north side

### Election Day

**Tuesday, November 3**

Garbage for south side POSTPONED  
Newspapers for north side POSTPONED  
rescheduled to November 4

**Wednesday, November 4**

Garbage collection for south side.  
Newspapers for north side

Recyclables and Yard Waste for the entire Village

### Veterans Day

**Wednesday, November 11**

Yard waste and recycling POSTPONED  
rescheduled to November 12

**Thursday, November 12**

Garbage collection for north side  
Newspapers for south side

Yard waste and recycling for entire Village

- ◆ Garbage, newspapers, and recyclables cannot be put out before 7 pm on the evening preceding collection.
- ◆ DPW provides two bulk and one e-waste pick up every week, excluding holidays, on an appointment basis only. Call DPW to schedule a special bulk or an e-waste pick up.
- ◆ Please ensure trash items are secure before placing curbside for pick up. This will help prevent trash, papers, boxes, and recyclables from blowing into the street or onto your neighbor's property.

VILLAGE OF NEW HYDE PARK  
BOARD MEMBERS

Mayor Lawrence J. Montreuil

Deputy Mayor Donna Squicciarino

Trustee Richard Coppola, Jr.

Trustee Richard Pallisco

Trustee Rainer Burger

Village Clerk's Office and Building  
Department  
516/354-0022

Department of Public Works:  
516/354-0064  
(M-F) 9:00AM- 3:00PM

Village Court:  
516/354-6330

Fire Department & Ambulance:  
516/742-3300

## Village Updates

### Village Hall Update

Due to COVID-19, Village Hall hours of operation have been modified. Offices are open to the public Monday to Friday, from 10 am - 3 pm, by appointment only. For your business needs a mail drop-box has been placed in the vestibule of Village Hall.

### Village Court Update

After months on Closure due to COVID-19, the New Hyde Park Village Court opened to the public, by appointment only, September 2<sup>nd</sup>, with Building Court to open on September 16<sup>th</sup>.

Please call the Village Court Clerk and set up an appointment for your court date. NO walk-ins will be allowed in the Court Room.

For updated information please keep checking our website at

[www.vnhp.org](http://www.vnhp.org)

**Village of New Hyde Park  
OFFICIAL REPORT  
SUMMER 2020  
1420 JERICHO TPKE.  
NEW HYDE PARK, NY 11040**

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